



**Bore Da**

**Breakfast Menu**

**Sideboard Selection**

*Please help yourself to any of the following*

Squeezed orange juice  
Pressed apple juice  
Cranberry juice

Honey spiced prunes, apple and apricots  
Fresh fruit salad  
Local Welsh yogurt  
Granola with fruit and nuts

Cereal selection

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Freshly ground cafetiere of coffee  
Breakfast tea  
Ask about our fruit and herbal teas

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*Follow this with*

A Plas Uchaf cooked breakfast  
Eggs of your choice: fried, poached or scrambled  
Local bacon, sausage, fresh tomato and mushroom  
White or wholemeal toast with a choice of Welsh preserves and honey  
available on the sideboard.

*We are happy to offer the following breakfast options.  
Please order the evening before.*

Eggs of your choice, vegetarian sausage, baked beans, fresh tomato and  
mushroom.  
Smoked salmon and scrambled eggs  
Sausage or bacon sandwich with tomato relish

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Some days the thought of bacon frying,  
Toast turning golden brown  
And fresh coffee brewing,  
Is the only incentive needed  
To throw back the duvet and face the world.

Have a great day  
Chris and Julie